



To assist in getting the right information while visiting the doctor, the **National Institute on Aging** recommends asking the following questions about Medications Prescribed:

About Your Medications

What is the name of the medication? _____

How do you spell it? _____

Why do you want me to take it? _____

How often do I take it and for how long? _____

How will I get the medicine refilled? _____

Are there foods, drinks, other medications or activities I should avoid while taking this medication? Yes No _____

Should I take my medicine at meals or between meals? Yes No _____

Do I need to take the medicine on an empty stomach or with food or a glass of water? Yes No _____

What should I do if I forget to take the medicine and miss a dose? _____

When will the medicine begin to work? _____

What are common side effects or unwanted feelings or symptoms I may have while taking the medicine? _____
